Dearest Nat,

You are loved.

You are loved by Chris, you are loved by me, you are loved by your Mum and your sisters and brother, you are loved by Seb (both Sebs!), you are loved by your great friend in London. You are loved by a great many in our community. Please do not lose sight of this.

I fully realize your life is difficult. Chris is difficult at times - but he is a darling as well! As my friend Gilles said - he is the 'love of your life.' You said that your Dad is the only man who has ever loved you and that is not true. What is true is that he is the only one who has shown you unconditional love - next to God.

When you were talking the other day about being a 'fireball' and getting very angry - you said - I am human. As much as I am not human (I am God) I also am very much human and prone to having human emotions and ways. I stayed silent with Johanne because I don't even want to get into those kind of fights.

In the next couple of months your life is going to turn a corner, Nat. You will be free of Mike. You will have complete custody of Chris and hopefully you will have money (from the divorce as well as child custody decision) as well as you will be working in nursing. In the last two months we have formed a bond which will not be broken. You have me as someone who will always love you, hope and pray for your best and will do whatever I can to make your life better and easier.

I mentioned this before, Nat. What do you think about Sebastian - the chef at The Depot - as a life mate? He is very obviously into you and you seem to really like him. He is by everything I see a wonderful and happy and funny guy. He is very attractive and good looking! He has a great career - and ultimately you two could open up your own place.

I want to see you happy in every way, Nat - and I will do my damndest to ensure this happens...

All my love,